

NeoQi Energy Spa

NeoQi Cocoon Therapy

The NeoQi Cocoon is an original approach to relaxation. The innovative design of this equipment enables you to enjoy healing spa procedures in a cocoon-like, warm and relaxing environment. Therapies include the Hydrotherapy Tub, Vichy Shower, Sauna, Infra-Red Sauna and Vibro-Massage promoting endless wellness, stress reduction, body treatments and pampering. Courses of treatment can be designed for you. High performance technology, ancient philosophy and life science are combined to restore balance, reduce stress, prevent illness, improve esthetical outfit and achieve general well-being.

Steam Sauna

Steam treatment cleanses the skin, the largest organ of human body. Heat speeds up the chemical processes in the body, making steam bathing one of the most simple and comfortable way to rid the body of accumulated toxins. As the pores open up and millions of sweat glands start to excrete, the body rids itself of metabolic and other waste products.

Infra-Red Sauna

This is a dry form of heat that penetrates deeply into your muscle tissues to actively burn calories (equivalent to a 10 - 15km run). It is an extremely effective treatment to detoxify, relieves pain, stress and stimulates the cardiovascular system.

Vichy Shower

Vichy shower provides the therapeutic effect with the body outside water environment. Imagine standing under a heavy rain and feel the huge drops of water falling all over your body - the feeling is bizarre yet energizing and wonderful.

Hydromassage

The therapeutic benefit of the underwater massage comes from the relaxing effect of warm water applied at a variable force on the muscles particularly on deep-lying muscle layers, subcutaneous tissues, skin and the abdominal organs (intestines). The stimulating action of water and its absorption into the skin offers many benefits for wellness, stress reduction, muscular relaxation, reduction of the increased release of stress hormones and encourage circulation.

Vibromassage

A relaxing circulatory therapy, by improving circulation through the release of tissue activators and activation of zones; the VibroMassage accelerates metabolic processes, functional and energetic performance potential of the skin and muscles.

Recommended NeoQi + Spa Treatment Combination:

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| Infra-red + steam/aroma sauna + vibromassage | 45 mins | \$64.20 |
| Infra-red + steam/ aroma sauna + vichy shower | 45 mins | \$64.20 |
| Infra-red + steam/ aroma sauna + hydro massage | 45 mins | \$83.50 |

Head massage incorporated into this programme is suitable to manage stress and is very relaxing.